

KAILASH MANASAROVAR

FACT FILE:

- **Type of Tour** : Overland Luxury Coach Tour
- **Grade** : Tough
- **Maximum Altitude** : 5630m/18,472 ft.
- **Tour Duration** : 14 Nights
- **Trek Duration** : 02 Nights/03 Days
- **Tour Dates** : 08 sept

	Start Date	End Date
	08-Sep-16	22-Sep-16

- **Ex-Destination** : Kathmandu
- **Reporting Time & Venue** : 13:00 hrs to 16:00 hrs at Hotel in Kathmandu.
- **Dispersal Time & Venue** : 13:00 hrs from Kathmandu.
- **Accommodation (Nights)** : Hotel - 09, Guesthouse/Camping - 05
- **Food Plan** : All meals including dinner on Day 01 to breakfast on Day 15.
- **Travel & Transport** : Transfers and sightseeing by coach in Nepal & Tibet; Flight fare from Kathmandu - Lhasa & back quoted separately.

TOUR COST PER PERSON (EX-KATHMANDU) FOR INDIAN NATIONALS:

Particulars	Indian Nationals (INR + USD) *	Foreign Nationals
Tour Cost with Bus in Tibet (Considering a group size of 16 passengers)	INR 80,000/- + USD 1630/-	USD 3150/-
Single Supplement available on hotel stay only in Kathmandu, Lhasa and Shigatse	INR 20,000/-	USD 300/-

* The above price has 2 components; INR and US Dollar component.

Additional:

Particulars (per person)	Amount (USD)
Approximate Air fare from Kathmandu - Lhasa & back	USD 620/-

* **Note:** The exchange rate applicable will be as on the date remittance is made to China.

COST INCLUDES:

1. Accommodation:

2. Food: All meals including dinner on day 01 to breakfast on day 15. Meals include breakfast, lunch & dinner only.

3. Travel: Internal Transfers and sightseeing by coach in Nepal and Tibet. Flight fare from Kathmandu to Lhasa & back quoted separately.

4. Others:

- Tibet travel permit
- Chinese visa fees
- Hire charges for Sleeping Bags & Feather Jacket.
- Yaks to carry Duffel Bags, food, fuel, camping equipment, etc. during the Parikrama of Mt. Kailash.
- One experienced Tour Leader from “Countryside Adventure Holidays Pvt. Ltd.” and local Assistant Guide(s) for a group size of 16 pax. If the group size is below 16 Pax we may decide to run the tour only with a local guide from Nepal.

COST EXCLUDES:

- Government Service Tax as applicable.
- Travel to & from Kathmandu.
- Travel to & from Lhasa - Kathmandu
- Hire of yaks/horses or porters for personal use.
- Photography charges wherever applicable.
- Any expenses of personal nature such as mineral water, laundry, liquor, etc.
- Any kind of insurance, such as accident, theft, medical, evacuation, etc.
- Tips to porters, camping team, driver, guide, etc.
- Any extra costs incurred due to extension/change of the itinerary, because of natural calamities, flight delays, road blocks, vehicle breakdown, etc. factors beyond the control of “Countryside Adventure Holidays Pvt. Ltd.” and its associates.
- Items not specified in the above in “**Cost Includes**”.

YATRA NOTES

1. Permits, Documents & Visa:

- We request you to submit a fitness certificate from your doctor while signing up for this tour after undergoing the following medical tests a) Blood Pressure, b) Sugar, c) Stress Test (ECG), d) Chest X-Ray. The certificate should state that you are fit to travel on this high altitude tour which involves driving on average altitude of 4500m & 3 days of trekking over one pass at 5600m.
- We request you to submit us 03 photocopies of valid passport along with 03 passport size photographs.

Tibet Travel Permits: 15 days prior to the date of departure the travel permits are applied in Lhasa to the Chinese Foreign Department. The permits are issued by the respective authorities few days prior to the Date of reporting. Only after this the visa can be applied.

Chinese Visa for Indian Nationals: Indians have to apply for the visa in Chinese embassy in New Delhi. It is a group paper visa, but your passports are necessary for inspection and we would need your passports at least 10 days prior to the reporting date. The passport will be returned after applying for Visa. Indian Passport holders staying abroad need to be in India at least 07 days prior to the date of reporting as we need the passports for visa application.

Chinese Visa for Foreign Nationals (non Indian National): For all Foreign National (Non Indian Passport Holders), the visa will be issued in Chinese embassy at Kathmandu (Nepal). It is essential to report in Kathmandu 3 working days from Mon. to Fri., prior to the date of reporting as stated in the itinerary. The visa will be applied on arrival in Kathmandu and we would get the group paper visa only on the next working day. E.g. if you arrive in Kathmandu on Wednesday, we can apply for visa on Thursday (before 10.00 am) and get the visa on Friday.

2. Important:

- Diplomatic Passport holders, Journalist Passport holders and Government Official's Passport holders are not issued visa and Tibet Travel permits by Chinese Visa Authorities.
- Chinese authorities keep changing the visa & permits policy very often and many times the changes are at last moment. This may result in an extension in the tour duration & hence we recommend that you should book refundable air tickets & keep at least one extra night stay in Kathmandu after final dispersal date as per the itinerary. In such situation Countryside Adventure Holidays Pvt. Ltd. will not be responsible and any additional expenses, if any will be borne by you.

3. Baggage & Porters:

- The luggage will go on yaks whereas you can hire porters at extra cost to carry your personal backpack on the trek. Please do not carry any hand baggage on the trek. Ensure that your backpack has sturdy straps.
- One can also hire rider yak or horse at extra cost. The approximate rates per day are as follows subject to change):
 - ❖ Personal Porter: 250 RMB
 - ❖ Rider Yak: 250 RMB
 - ❖ Rider Horse: 250 RMB
 - ❖ Yak Man/Horse Man: 250 RMB

4. Insurance:

It is important to purchase a comprehensive insurance policy against illness, hospitalization, flight delays, loss of luggage, cancellations and amendments due to weather conditions, political disturbances or natural calamities as well as emergency helicopter evacuation, etc. Please find the details of the insurance policy attached below (Please note that this policy is not cashless). If you wish to buy this policy, we will require your intimation in writing alongwith your Passport Copy and 2 Passport size photographs. The intimation mail alongwith the Passport copy & photos should reach us atleast 10 days prior to date of reporting of tour.

In case you decide to buy any other insurance policy in your home country, please ensure that the policy covers cashless evacuation and covers you for Adventure activities and/or trekking activity above 5000 meters.

5. Risk:

This tour is a high altitude tour + trek and the maximum height reached will be approx. 5630m. Acute mountain sickness (AMS) can be caused due to high altitudes. The AMS may be avoided by taking precautions given in the document attached on high altitudes, please read the document carefully. The high altitude can cause Acute Mountain Sickness and may lead to serious critical medical conditions such as Cerebral or Pulmonary Edema.

The weather can change dramatically causing rain, thunder storm, flash floods, cloud burst, snow fall and severe drop in temperatures, causing severe physical hardships.

6. Imp. Contact Details:

Hotel Address in Kathmandu along with important contact nos. of local coordinator and/or Tour Leader and details of complimentary Airport transfers, if any, will be sent on mail 10 days in advance.

7. Travel Tips:

- All items required for Puja at Lake Manasarovar are to be brought by the client either from India or Nepal. Countryside does not provide any of the Puja items/Pujari.
- Always carry your passport with you and keep the passport handy while traveling.
- Please always carry your sweater/fleece, windcheater, waterproofs and water bottle with you.
- Please carry your water bottle on the dinner table for a refill.
- Please keep your entire luggage packed before breakfast so that it can be collected and brought to the lobby; also ensure that the luggage is loaded in your jeeps/bus before departure.

Our effort is to give a clear idea about the various aspects of the tour, to avoid any misunderstanding during the tour. We request you to please read the **General Information, Booking Conditions, Travel Information for Nepal and Tibet, AMS Note and Kit List.**

Countryside Fixed Departure 2016-17

CANCELLATION POLICY FOR THIS TOUR

1. Cancellation by Countryside before commencement of tour:

If the Tour has to be cancelled by Countryside due to non issuance of permit/visa or last minute changes in Tibet policy/guidelines for Kailash Manasarovar, INR 5000/- will be levied towards administrative fee.

2. Cancellation by you before commencement of tour:

In the event of any cancellation by you, we would need a notification from you in writing. If we receive the cancellation notification from you before 45 days prior to the date of departure the 20% advance amount shall be refunded without cancellation charge for the tour. If we receive the notification in 0-45 days prior to the date of reporting, cancellation charges shall be levied as per the following terms:

- Cancellation between 45 to 31 days before date of departure: 20% of tour price + cancellation charges for other services.
- Cancellation between 30 to 16 days before date of departure: 50% of tour price + cancellation charges for other services.
- Cancellation between 15 to 8 days before date of departure: 80% of tour cost + cancellation charges for other services.
- Cancellation between 7 to the day of departure or No Show: 100% of tour cost + cancellation charges for other services.

3. Cancellation on commencement of the tour:

By you or by Countryside due to unforeseen circumstances:

If the tour is aborted/cancelled/discontinued at any stage after commencement or on reaching Kathmandu, there will be no refund or compensation for any non utilised service. Any additional services that are not included in the itinerary & cost will be charged additional and needs to be paid on the spot.

For Example: If we enter Tibet later or return from Tibet early than specified in the itinerary we will have to pay for additional service in Nepal such as accommodation, food & transport as the same cannot be adjusted against the Tibet portion.

4. Flight cancellation or rescheduling:

Kindly note that in all the above scenarios, cancellation/rescheduling charges against air ticket will be applicable as defined by the Airline and will have to be borne by the client.